



Low Jia Ren
Deputy Chief, High Performance Sport Institute
Sport Excellence Singapore (SpexSG)

Mr Low Jia Ren is the Deputy Chief of the High Performance Sport Institute at SpexSG, where he leads the development and integration of Singapore's high-performance sport system in partnership with National Sports Associations. His work focuses on strengthening the system around athletes — aligning coaching, sport science, governance and policy to build environments where excellence can be sustained.

Jia Ren brings a unique blend of corporate and sporting experience to his leadership. Prior to joining the sport sector, he held senior roles at Hewlett Packard Enterprise and other technology companies. He has also played key roles in major sporting events, including the 2010 Youth Olympic Games and the 2015 Southeast Asian Games, and served as Deputy General Manager of the Singapore Slings basketball team.

Within Sport Singapore, Jia Ren has been a key driver of system transformation, contributing to initiatives such as Future Systems, launching CoachSG at the Singapore Sport Institute, and leading organisational development efforts to strengthen capability and capacity across the sport ecosystem.

He believes that sustainable sporting success is built through strong systems, where excellence becomes an outcome of alignment across the ecosystem.